

Winter Series of Races



2K and 4K Fun Run Series



Wednesday Nights

October 10th, 17th, 24th and 31st

November 7th, 14th, 21st and 28th

Starts each night at 7 p.m. - on the Bypass close to Moangarriff Roundabout

There will be a different race format each night with the emphasis on participation

Getting fit can be hard whether it be for a team event or for your own well being.

This 'Get together' weekly is an ideal way to get you on the road to fitness.

All levels of fitness will be catered for - go at your own pace.

Better still get a friend to join you and both complete the 8 events at your own pace

The 2k race series will last for the month of October and will be promoted alongside the 4k series, two races in one. Hopefully everyone will be able to compete over the 4k distance in November.

All participants are requested to wear a reflective bib

Entry Fee - each night - 3 Euros

Enquiries: Niall O Sullivan - 052 38287

Promoted by: Clonmel Athletic Club